

YAP Beginner & Intermediate Classes

PLEASE NOTE: YAP will meet on MONDAY, TUESDAY, WEDNESDAY and FRIDAY with Jr. RACES on THURSDAYS.

LITTLE YAP Ages 4 - 5 (Must be 4yrs by May 30 maximum number of children 24)

Meets: Monday, Tuesday, Wednesday and Friday from 9:30am-12:30pm

The goal is FUN! The program is a half-day introduction to Youth Activities Program (YAP). The morning includes art & crafts, swimming, story time, group activities and games and lunch. LUNCH IS INCLUDED IN THIS FEE.

Session 1 - \$735 Session 2 - \$550 Both Sessions - \$1250

MATES Ages 6 – 8

Meets Monday, Tuesday, Wednesday and Friday from 9:30am – 3pm

This is a beginner class for sailors who have little or no prior single-handed boating experience. This class is designed for 6-8 yr olds who have completed Kindergarten by June 2010. Knowledge of water and boat safety, boat rigging, basic sailing, terminology, sail handling and steering in pairs are emphasized. The beginner class will be taught in either prams or Opti's. There is no boat rental fee for this class.

FULL DAY 9:30am – 3pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 9:30am -11:30am: Session 1 - \$550 Session 2 - \$410 Both Sessions - \$900

BEGINNING OPTI Ages 8-10

Meets Monday, Tuesday, Wednesday and Friday from 9:30am – 3pm

The goal in this class is to have the child sail independently by the end of the session. This class will build on the Mates curriculum with an emphasis on independence in rigging, skippering and boat maintenance. The class will utilize on-water and land games and other activities to incorporate new knowledge through a fun process. Participants in this class are not required to own their own boat and may rent a boat through YCSH for a fee of \$195/session.

FULL DAY 9:30am – 3pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 9:30am-12:00pm: Session 1 - \$550 Session 2 - \$410 Both Sessions - \$900

INTERMEDIATE OPTI Ages 9-12

Meets Monday, Tuesday, Wednesday and Friday from 9:30am – 3pm with Thursday Jr. Races

The goal in this class is to have the sailor increase their on-the-water confidence by expanding their knowledge of wind, weather and upwind sailing techniques. They will be introduced to basic racing techniques, tactics and strategies, with an emphasis on having fun. They are strongly encouraged to participate in the Thursday Jr. Races, as the Thursday Races allow the children to put their knowledge to practical use while having an instructor coach during the race. Participants in this class are encouraged to own their own Optimist or may rent a boat through YCSH for a fee of \$195/session.

FULL DAY 9:30am – 3pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 12:30-3pm: Session 1 - \$550 Session 2 - \$410 Both Sessions - \$900

INTRO to LASER and C420 Ages 13-18

Meets Monday, Tuesday, Wednesday and Friday from 9:30am-12:00pm

These classes are for older sailors who have a solid understanding of sailing and are transitioning from smaller single-handed boats. They will learn basic racing skills, as well as more advanced boat handling maneuvers. These sailors are expected to participate in the Thursday Jr. Races. Participants in this class are not required to own their own boat and may rent a boat through YCSH for a fee of \$195/session on a first come, first served basis.

FULL DAY 9:30 – 3pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 9:30am – 12pm: Session 1 - \$550 Session 2 - \$400 Both Sessions - \$910

ADVENTURE SAILING with SUNFISH Ages 11-16

Meets Monday, Tuesday, Wednesday and Friday 9:30a – 12pm

This is a class for those sailors who have successfully completed the Intermediate Opti class. This class is intended to teach sailors to be comfortable, safe and confident on the water in a non-competitive atmosphere. Emphasis is placed on sailing terminology, team work and boat handling. Participants in this class are not required to own their own boat and may rent a boat through YCSH for a fee of \$195/session.

FULL DAY 9:30 – 3pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 9:30am – 12pm: Session 1 - \$550 Session 2 - \$400 Both Sessions - \$910

YAP ADVANCED CLASSES

INTRO to RACE TEAM Ages 11-15

Meets Monday, Tuesday, Wednesday and Friday from 12pm – 3:30pm with Thursday Races

This class will focus on improving racing tactics and knowledge of racing rules through drills and actual racing. All sailors are expected to participate in the Wednesday Jr. Races and travel to 2 of the 7 weekday local regattas as competitors in the Green Fleet, and participate in the YCSH Jr. Invitational Regatta. Private boat ownership is required. Parents will be expected to attend periodic parent meetings, and share in responsibility for providing transportation of children, boats and on-site regatta assistance.

FULL DAY 9:30 – 3:30pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 12:00-3:30pm: Session 1 - \$630 Session 2 - \$475 Both Sessions - \$1050

YCSH RACE TEAM Ages 11-15

Meets Monday, Tuesday, Wednesday and Friday from 12pm – 3:30pm with Thursday Races

The Opti Race Team is for experienced and eager Optimist racers who own their own Optimist and who have progressed past the Green Fleet. Racing tactics and strategy, racing rules, protests and correct sail trim are the focus of this class. These sailors will travel as a team and compete in at selected local and regional regattas. Participants must attend 5 of the 7 local regattas. Private boat ownership is required. Parents are expected to attend periodic parent meetings, and share in responsibility for providing transportation of children, boats and on-site regatta assistance. Team members should be prepared to participate in pre-season or mid-season clinics.

FULL DAY 9:30 – 3:30pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 12:00pm-3:30pm: Session 1 - \$630 Session 2 - \$475 Both Sessions - \$1050

LASER and C420 Ages 13-18

Meets Monday, Tuesday, Wednesday and Friday from 12pm – 3:30pm

This class is for those who have experience sailing in Lasers and C420s. The class will work to fine tune their boat handling and racing skills and students will be required to sail in local regattas. Class will be run in a 'practice' format with a multiplicity of drills, speed test, time trials, and practice races focusing on advanced racing techniques, kinetics, and strategy. Private boat ownership is required. Parents are expected to attend periodic parent meetings, and share in the responsibility for providing transportation of children, boats and on-site regatta assistance. This class will interact, travel with, and represent the YCSH Race Team at regattas. Students should be prepared to take advantage of pre-season and mid-season clinics.

FULL DAY 9:30 – 3:30pm: Session 1 - \$1240 Session 2 - \$945 Both Sessions - \$1990

SAILING ONLY 12:00-3:30pm: Session 1 - \$630 Session 2 - \$475 Both Sessions - \$1050

NEW THIS 2010 SEASON

We are now offering a full day of YAP for the SUNFISH, INTRO to LASER and C420, INTRO to OPTI RACE TEAM, RACE TEAM and ADVANCED LASER and C420 classes. All non-sailing activities are geared toward the age group involved and we have added many new and exciting non-sailing activities for 2010.

MEAL PLAN

Lunch is available for all YAP participants at a fixed cost. Lunch includes: drink, fresh seasonal fruit, entrée, and Chef's choice of dessert. Meals for Little YAP are included in the session fee.

Session 1 - \$133.75 (tax inc.) Session 2 - \$101.65 (tax inc.) Both sessions - \$235.40 (tax inc.)

PRIVATE BOAT OWNERS SUMMER RACK RENTALS

If you have a private boat and would like to store it at YCSH this summer the rates are as follows

Optimist, Sunfish and Kayak - \$165/boat

Comets, Laser and C420 - \$200

Cheetah Cat and Flying Scot - \$260

For additional information or questions, please contact:

Peter Miner, General Manager at 609-368-1201 or pminer@ycsh.org OR

Laura Owens, Waterfront Director at 610-306-9842 or owens132@comcast.net